

REMINDER

The following forms must be completed and signed by the student and parent/ guardian to participate:

- CIF Code of Ethics
- Athletic Code
- Physical on approved RUSD form
- Emergency Card
- Athletic Emergency Information sheet
- Current ASB Card*

* ASB cards are mandatory for all participants in sports. Due to the economy and the hard times for schools, it helps provide funds for transportation fees, referee fees, and equipment costs.

Athletic Code

"A Dedicated Athlete - A Winning Attitude"

The lessons for our students don't end with the final bell of the day if they're involved in co-curricular activities. In fact, the learning experiences that come from participation in drama, music, speech, athletics, and the like, promote lifetime values that cannot always be learned in the classroom.

Responsibility, respect, fairness, caring, trustworthiness and citizenship are lifetime values taught through athletics, and these are the principles of good sportsmanship. With them, the spirit of competition thrives, fueled by honest rivalry, courteous relations and graceful acceptance of the results.

Your support of this program is essential as part of our educational mission.

We need your help in the following ways:

- ◆ Realize that athletics are part of the educational experience and the benefits of involvement goes beyond the final score of a game;
- ◆ Encourage our students to perform their best, just as we would urge them on with their classwork;
- ◆ Learn, understand, and respect the rules of the game, the officials who administer them and their decisions.
- ◆ Respect the task our coaches face as teachers; and support them as they strive to educate our youth; and your children;
- ◆ Respect our opponents as students, and acknowledge them for striving to do their best; treat them with courtesy;
- ◆ Develop a sense of dignity under all circumstances; and
- ◆ When at athletic events, urge our teams on with positive cheers; discourage cheers that would redirect that focus - including those that taunt and intimidate opponents, their fans and officials; and reprimanding those who engage in such unsportsmanlike behavior.

You can be a part of a message sent through our community that interscholastic athletics potentially have lifetime learning experience impact. Unlike sports events we see on television at the collegiate and professional level where entertainment is the mission and education is not a primary objective, our goal is to have a positive lifelong effect. This message must be communicated if we are to continue to have success in this area.

We look forward to serving you in the year ahead, and appreciate your continued support.

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ATHLETE'S CODE OF ETHICS

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority.
2. Show respect for teammates, opponents, officials and coaches.
3. Respect the integrity and judgment of game officials.
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and nonprescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.

EISENHOWER HIGH SCHOOL ATHLETIC CODE

ARTICLE I AWARDS

SECTION I Athletic Monogram Organization

- A. All Eisenhower High School monograms (letters only, no medals) shall be considered the property of the school until the student withdraws or graduates at which time it becomes the property of the individual.
- B. Any athlete not complying with the rules and standards set down in the Athletic Code may be forced to relinquish all or any awards.
- C. All athletic monograms must be approved by the Athletic Director prior to presentation. Names of prospective monogram winners accompanied by the recommendation of the head coach must be submitted to the Athletic Director prior to presentation.
- D. Only after a student of Eisenhower High School has been officially presented with the monogram may it be worn.
- E. No student shall be permitted to wear on the campus of Eisenhower High School or at any Eisenhower function, any athletic monogram which has not been officially presented or awarded by the Athletic Department.
- F. An athlete who advances from frosh to junior varsity, frosh to varsity, or junior varsity to varsity will be awarded the most appropriate monogram at the discretion of the head coach.
- G. An athlete must successfully complete the C.I.F. season-of-sport including C.I.F. competition to qualify for any monogram or award.
- H. An athlete not meeting the requirements may be awarded a monogram upon the special recommendation of the head coach. (Extenuating circumstances must be clearly shown.)
- I. Monograms shall be awarded in the following sports, based on the following:
 1. Football: Participation in one-half of the total number of quarters in regularly scheduled games
 2. Basketball (Boys' - Girls'): Participation in one-half of quarters in season
 3. Wrestling:
 - a. Participation in one-half of matches in season
 - or**
 - b. Placing in League Tournament Finals or C.I.F. Sectional/Finals
 4. Track (Boys' - Girls'):
 - a. A total of 12 points in meets
 - or**
 - b. Placing in League Tournament Finals or C.I.F. Prelims/Finals
 5. Golf (Boys' - Girls'):
 - a. Participation in one-half matches in the season
 - or**

- b. Placing in League Tournament Finals or C.I.F. Prelims/Finals
- 6. Baseball/Softball: Participation in one-half of total games in the season
- 7. Tennis (Boys' - Girls'):
 - a. Participation in one-half of schedule matches for varsity and one-half of schedule matches for junior varsity
or
 - b. Placing in League Tournament Finals or C.I.F. Prelims/Finals
- 8. Swimming (Boys' - Girls'):
 - a. A total of 12 points in meets
or
 - b. Placing in League Tournament Finals or C.I.F. Prelims/Finals
- 9. Cross Country (Boys' - Girls'): A total of four points in dual meets including League Tournament Finals or C.I.F. Prelims/Finals (One point for first-fifth and one-half point for sixth-seventh)
- 10. Volleyball (Boys' - Girls'): Participation in one-half of games in the season
- 11. Soccer (Boys' - Girls'): Participation in one-half of games in the season
- 12. Water Polo (Boys' - Girls'): Participation in one-half of contests in the season
- 13. Manager Awards:
 - a. Recommendation of the head coach
or
 - b. Special contribution to the sport
- J. If any member of the team is injured in regular practice or in a contest after the beginning of the regular season and is unable to participate in activities as a result of this injury, a monogram may be awarded that individual at the discretion of the coach and approved by the Athletic Department. The individual so mentioned would need to "complete" the C.I.F. season-of-sport in a team assigned related activity.
- K. Championship awards shall be presented to the members of a team which have won a league championship. The members are permitted to wear a championship patch in accordance with league standards.

SECTION II Athletic Monogram Regulations

- A. Eisenhower High School awards separate chenille monograms for varsity only.
- B. The varsity monogram shall be a 7" chenille block or script "E."
- C. Winners of varsity monograms may wear the letter on either an official school jacket or sweater. No other insignias are permitted.
- D. Each athlete who is a first year varsity letterperson will receive:
 - 1. Varsity monogram
 - 2. Rate indicating the sport

3. Service bar
 4. Certificate
- E. Each athlete who qualifies as a varsity letterperson for a second, third or fourth year in the same sport shall receive an additional service bar and an appropriate certificate.
 - F. An athlete who earns a third year varsity letter in one sport shall be awarded:
 1. A white 8" block or script "E"
 2. Rate indicating the sport
 - G. An athlete who earns a fourth year varsity letter in one sport shall be awarded:
 1. A gold 9" block or script "E"
 2. A rate indicating the sport
 - H. Those varsity letterpersons who are selected first team all-league team members or All-C.I.F. team members shall receive a patch in recognition.
 - I. All-league selections are:
 1. First place in league finals (track, wrestling, swimming)
 2. First place in league finals (cross country, golf, tennis)
 3. Selection by league coaches or by sportswriters
 - J. Each athlete so selected or by C.I.F. may wear an official approved patch on his/her jacket or sweater.
 - K. Each athlete elected captain or co-captain of a varsity sport may wear an official approved star on his/her jacket or sweater.
 - L. Each athlete who is a letterperson on a varsity league championship team may wear an approved patch on his/her jacket or sweater.
 - M. A varsity letterperson may display on his/her varsity monogram the rate of each sport in which a varsity letter has been won at Eisenhower High School. An athlete who has won a letter in a varsity sport at another high school may wear a service bar for that letter on his/her monogram awarded by Eisenhower High School.
 - N. A varsity letterperson may display on a varsity monogram one service bar for each year the athlete has won a varsity letter in a particular sport, but the number of service bars displayed can not exceed the number of years that he/she has earned a varsity letter in a single sport.
 - O. There shall be no sleeve stripes on sweaters/jackets. The number of years an athlete has lettered in a varsity sport shall be indicated by service bars on the monogram.
 - P. Athletic letters must be worn only by the athlete who earned them.
 - Q. A single sweater or jacket may be used to display only one monogram.

- R. A monogram for a team manger shall be the same as for a letterperson except that the letters "MGR" will be woven in.
- S. The letterperson's sweater shall be a conventional letterperson coat style wool sweater in kelly green or white.
- T. The letterperson's jacket shall have a kelly green body with a set-in white or cream leather sleeve. The sleeve cuffs, the bottom of the jacket, and the fold-over collar shall be rig knitted wool in kelly green. Around each cuff, bottom of the jacket, and the collar shall be a white stripe approximately one-half inch wide. Questions concerning the girls' jacket should be directed to the Athletic Director.
- U. Medals won in league championship meets or C.I.F. meets may be worn if they are varsity medals.
- V. Placement of monogram, patches, captain stars, rates, bars, etc. is covered on a later page. Name lettering on jackets is to be kept within limits of reasonable acceptance.
- W. Failure to comply with the provisions of this Code may be deemed sufficient grounds to demand the return of all monograms.

ARTICLE II CONDUCT

SECTION I Eligibility

- A. All athletes must meet the eligibility requirements of the Rialto Unified School District, C.I.F.-S.S., State C.I.F., and the National Federation of High School Athletics.
- B. Any athlete entering the 9th grade must have passed 30 semester credits the previous report card grading period with a 2.0 grade point ("C") average.
- C. Any athlete entering the 10th, 11th, and 12th grades must have passed in 25 semester credits of work from the previous report grading period with a 2.0 grade point ("C") average.
- D. Students in grades 9 - 12 must maintain a grade point average of 2.0 ("C" average) to be eligible for participation in any extra-curricular or co-curricular activity.
 - 1. Students must achieve a grade point average of 2.0 or above from the previous report card grading period in order to participate in any extra-curricular activity. The student must maintain a grade point average of 2.0 based on the quarter grade in order to remain eligible for an extra-curricular or co-curricular activity.
 - 2. Students not maintaining a grade point average of 2.0 from the previous grading period will be ineligible for one quarter. Following the next grading period (one quarter), the eligibility status of an ineligible student may be reviewed. A grade change by a teacher prior to the end of the quarter could result in being reinstated to a team.
 - 3. It is the intent of this policy to preserve any existing requirement of an athletic team if the current membership requirement is higher than 2.0.
- E. All athletes must be at all times currently enrolled in at least 25 credits of new work.

- F. Of the 25 semester credits, only 5 credits can be earned from P.E. All freshman and sophomore students need to be enrolled in regular 9th – 10th grade P.E. unless on a varsity team during that sport season.
- G. Academic grades (credits) are checked each grading quarter to insure that the athlete is maintaining the above requirement. (Four times a school year.)
- H. All athletes should give respectful attention to classroom activities and show respect for fellow students and staff members at all times.
- I. Being excused from class for athletic contests does not excuse a student from class related work/assignments.
- J. Athletes dropped from a team for academic ineligibility, during the season-of-sport including C.I.F. competition, will not be eligible for awards (letter/certificates/etc.).

SECTION II Behavior

- A. All athletes must conduct themselves as ladies and gentlemen at all times, both in and out of the season-of-sport. Any conduct not becoming an athlete of Eisenhower High School must result in action taken by the Athletic Department.
- B. Athletes must maintain high standards of attendance. Truancies and excessive tardies in any class will not be tolerated.
- C. Any athlete found in possession of and/or consumption of any type of alcoholic beverages, tobacco, or drugs during the season-of-sport will face severe disciplinary action. Violation of the above rule during the off-season-of-sport may result in not being allowed to participate in a future sport. Any of these infractions may result in removal from the team.
- D. Misconduct at any athletic contest as a spectator may result in disciplinary action by the Athletic Department. Disciplinary action may be taken by the Athletic Director in cooperation with the most recent coach of that athlete.
- E. The use of steroids and other manufactured, performance-enhancing substances is prohibited. Only natural supplements are allowed.
- F. In case of a disagreement between the Athletic Department and the Athletic Director or coach, the problem will be presented to the Principal whose decision is final.
- G. The coaches and the Athletic Director have the prime responsibility for the teams and the athletic program. They have the right, without interference, to make any reasonable rules for the conduct of their athletes and teams.
- H. All athletes participating at Eisenhower High School, and their parents, will be required to sign a copy of this Code prior to receiving any equipment or taking part in contests/practices. This is to insure full knowledge of the Code. An athlete will not be eligible until a signed copy has been turned in to the Financial Secretary, (student store windows) or designate.

- I. All athletes, before participation, will need to have “cleared” the following with the Financial Secretary (in the student store), or designate:
 1. Athletic code
 2. Emergency card
 3. CIF - Code of Ethics
 4. Insurance form
 5. Current physical on approved RUSD form
 6. Purchase ASB card

The 2.0 grade point average from the most recent report card will be checked by the Athletic Director.

SECTION III Equipment

- A. Equipment is issued at the beginning of each sport season from the equipment representative. The replacement costs of the equipment, depending on type, sport level, and quantity, will vary between \$30 and \$400. Your signature on the charge card is your contract for the safe keeping and return of the same equipment. The athlete is financially responsible for all equipment checked out.
- B. The athlete will use the equipment for its intended purpose (for practice and contests). Equipment is not provided for personal use either for wear off campus or as school/classroom attire.
- C. The athlete will receive credit on items turned in only if they are items that were checked out to him/her.
- D. The athlete will treat all equipment as though it were personal property. It will not be abused, and the athlete will maintain the security of the equipment. Athletes are responsible for lost and/or stolen equipment.
- E. Any athlete found possessing athletic equipment that has not been checked out will face disciplinary action and my lose the right to a letter award or athletic participation.
- F. The athlete will check in equipment with the same person(s) from whom the equipment was checked out. Equipment is not to be given to a coach/teacher for checking in or for safe keeping. The signature of the athlete on the charge card is a guarantee that the equipment will be returned at the end of the season-of-sport or payment will be made to Eisenhower High School for replacement of same.
- G. Equipment is to be returned to the same person from whom the equipment was issued within seven (7) days of the end-of-sport season. If you do not finish the season, you are still responsible for turning in the equipment within seven (7) days of dropping the sport.
 1. An athlete will be notified when and where to return equipment either: In the school bulletin, by the coach, equipment person, and/or written notice.

2. Equipment not returned will result in a charge card being turned over to the school office.
 3. The athlete will have seven (7) days to return the equipment or pay the charge.
 4. Equipment returned after payment of charges to Eisenhower will result in a refund of the charges.
- H. Any athlete who has not cleared the charges for replacement of checked out equipment may:
1. Be denied participation in letter award ceremonies
 2. Be denied participation on other athletic teams
- I. Equipment is not to be exchanged between athletes without a change recorded on a charge card. It is not a good practice to exchange issued equipment as you are responsible financially for the actual equipment checked out to you.
- J. Eisenhower is not responsible for an athlete's equipment left in lockers/dressing areas following the conclusion of the sport season. Equipment is to be turned in by the athlete within seven (7) days of the C.I.F. end-of-sport season. You are responsible for your equipment, not anyone else.

SECTION IV Financial Support

- A. Prior to receiving awards, each athlete must possess an ASB card and be cleared of all school charges. Those that "clear" after the season-of-sport will receive only those awards that are currently in stock.

SECTION V Athletes Dropping a Sport

- A. Whenever a student goes out for a sport, the coaching staff has the right to expect commitment to that sport to the end of the season. If, at any time, an athlete does not want to continue in a given sport, the following guidelines will be in effect.
1. The athlete must institute a drop from a sport on a "person to person" basis with the coach.
 2. An athlete who drops a sport with the concurrence of his/her coach may start practice in another sport after checking in all equipment and/or paying the charges for lost equipment.
 3. A student who drops out of competitive athletics must initiate an immediate transfer to a regular P.E. class if in a "Sports P.E." class.
 4. Any athlete who drops a sport must check-in equipment personally with the equipment custodian issuing the equipment. Equipment not checked in this manner has a way of disappearing. Athletes are not to leave equipment with coaches and/or other adults for check-in or for safe keeping.
- B. Whenever a disagreement exists, the Athletic Director will hold a meeting with all the people affected in an attempt to reach an agreement. If the meeting does not produce an

agreement, the Athletic Director will make a decision. Any party may appeal a decision to the Principal whose decision will be final.

SECTION VI Dress

- A. An athletic team with consistent winning tradition is composed of athletes completely dedicated to the sport. In order to determine as soon as possible the athlete who is willing to make the necessary commitment to a winning program; in order to establish the ideals of good sportsmanship and respect for rules and authority; in order to establish leadership, team pride, teamwork, and team discipline; and in order to eliminate disruptive influences in the locker room, on the practice field or court, and on the playing field or court, the following principles are established:
 - 1. All athletes will be well groomed at all times.
 - 2. Each varsity coach may set a more restrictive (reasonable) minimum grooming code than required by the school district.
 - 3. When enroute to and from a scheduled contest, athletes not attired in team uniform shall dress neatly.
 - 4. Good conduct will be required on school provided transportation.
- B. Failure to abide by these principles may result in an athlete suspended from that sport activity.

ARTICLE III PLACEMENT OF AWARDS

SECTION I Monogram (Letter) Award

- A. A rate will be located on the middle "arm" of the block or script "E." Additional rates from other sports may be worn on the "lower" and "upper" "arms" of the letter "E."
- B. The service bar (varsity only) will be worn next to the rate indicating the sport lettered in.
- C. No other types or kinds of items are to be worn on the monogram.

SECTION II Athletic Jacket/Sweater

- A. Location of the monogram:
 - 1. JACKET: Upper left side of jacket
 - 2. SWEATER: Lower left side of sweater
- B. Year of graduation:
 - 1. JACKET: Upper right arm near shoulder
 - 2. SWEATER: Same as above

- C. Captain star:
 - 1. JACKET: Upper left arm near shoulder
 - 2. SWEATER: Same as above
- D. Award patches:
 - 1. JACKET: Upper right side of jacket
 - 2. SWEATER: Lower right side of sweater
- E. Other approved awards with permission of Athletic Director

ARTICLE IV NOTICE OF INJURY

Section I

Participation in athletic/sport activities is voluntary and is not required as part of the regular school program.

Section II

Parents/guardians should realize there is a possibility that a student may suffer severe injury, including permanent paralysis or death, as a result of participating in athletic/sport activities. Parents/guardians should realize that they assume responsibility for financial obligations arising from sport injuries.

Section III

Parents/guardians need to understand that the school/district has no insurance covering such medical or hospital costs incurred by their student and therefore any costs incurred for treatment, including ambulance, from injuries resulting from participation in sport activities shall be the sole responsibility of the parent/guardian. (Whenever possible, attempts will be made to contact the parent/guardian prior to taking any medical action.)

ARTICLE V TRANSPORTATION

Section I

Athletes will be transported to "away" athletic contests by R.U.S.D. provided means of transportation.

Section II

Team/individual transportation would normally be by bus (district or chartered), automobile (district) or other means approved by the R.U.S.D.

ARTICLE VI CBL FIGHTING PENALTY

Section I

- A. The Citrus Belt League (CBL) is proud of its tradition for excellence in athletics and sportsmanship. League member schools want to take a strong stand in support of good sportsmanship.

Section II

- A. If an athlete attempts to inflict harm upon another player or person by fighting, hitting, biting, use of an implement (e.g. bat, ball, helmet, etc.) he/she will be disciplined.
- B. It would be the duty of the administrations of the two schools involved to meet and determine responsibility based on:
 - 1. Administrator or Athletic Director viewing the event
 - 2. Input from coaches in charge of the teams
 - 3. Accounts given by officials
 - 4. Viewing of game film or video of contest

ARTICLE VII CHILD ABUSE AWARENESS

Section I

This section is provided to help students develop their positive overall self-image:

- A. Child abuse in sports can be defined as any action taken by an adult (including parent(s)) which results in the direct or indirect physical and/or emotional harm to students. Child abuse can be either active or passive.
 - 1. Active abuse occurs when an athlete/student directly experiences harsh and abusive actions from parents, adults or coaches which result in feelings of lowered self-worth, worthlessness, fear, and/or failure.
 - 2. Passive abuse occurs when an athlete/student observes another athlete/student being the recipient of harsh or abrasive actions by parents, adults, or coaches.
- B. Types of child abuse in sports:
 - 1. Verbal abuse is the most commonly occurring type of abuse in sports.
 - 2. Physical abuse occurs when adults (including parent(s)) use any type of hurting touch, or by their actions, purposefully cause physical pain.
 - 3. Emotional abuse means having unrealistic goals and expectations for athletes by parents, adults, or coaches.
 - 4. Sexual abuse is any form of sexual contact or implied sexual contact between an adult and an athlete.
- C. These definitions are meant only to serve as a guideline for increasing awareness.

ARTICLE VIII: PLAYER CONDUCT (SPORTSMANSHIP)

Section I

Any player ejected for any reason or any player who leaves the confines of the bench or team area during a fight that may break out or has broken out shall be disqualified from

participating in the remainder of the game and will be ineligible for the team's next contest.

Section II

Students (or parents) who knowingly fail to provide complete and accurate information regarding eligibility to participate in athletics shall be declared ineligible to represent their school in any sport for one year following the date of the discovery of the offense.

ARTICLE IX PARTICIPATION

Section I

Athletics is an integral part of the school's total educational program. We remind you that participation in athletic/sport programs are voluntary and therefore not required as part of the Rialto Unified School District's regular school program.

Section II

Eisenhower High School is not responsible for refunding of monies for expenditures for items that the student or parent/guardian spend on the assumption that they may or will be on an athletic team.

ARTICLE X SCHOLARSHIPS

Section I

The primary role of athletic participation is to provide a student the opportunity to experience the enjoyment of athletic competition as an individual or in a team environment.

Section II

Some athletes may qualify for college scholarships as a student-athlete under the provisions of the NCAA Clearinghouse or individual college or university standards. The student-athlete and parent(s) need to work within these provisions to seek qualification of such. A coach may play a roll in this process, but is not directly responsible to ensure that all the expected provisions are met. The direct responsibility rests with the student-athlete and parent(s).

ARTICLE XI COLLEGE ELIGIBILITY

NCAA CLEARINGHOUSE

(Information obtained from NCAA College-Bound Student-Athlete Guidebook.)

www.naaclearinghouse.net